



Benoit St-Amant

Rider : Benoit St-Amant , 39 years old

Father of Thomas (10 years old) and Alizée (4 years old).

Husband to a wonderful wife, Manon.

Occupation : Warehouse manager
AVW-TELAV audio-visual solutions,
Montreal

Hobbies : Biking-skiing-music-family-work!



Like everyone, I've lost friends and family to the dragon known as cancer.

I've long been touched by all of those who fought with such courage and determination. Some won their battle, others did not.

It has been several years, now, since Lance Armstrong won his battle as well my admiration. He is my motivation when it comes to difficult decisions, today more than ever...

At the end of June 2008, I started feeling pains in my groin, then inflammation in my lymph nodes. After consulting my doctor, I was sent to surgery in order to have my lymph nodes analyzed. After a few weeks of worry, the verdict was delivered: non-Hodgkins lymphoma. It was a huge shock for my family and friends. Since then, I've been working hard to keep my morale strong as I battle this dragon with as much determination possible. My chemo treatments are going well and, so far, I've been able to stay in good shape.

My goal : Finishing the 100 km ride with my fellow cyclists and raising the most money I can for the Cedars Cancer Institute in order to help all of those who must fight this battle just like me.

I'm riding for : My family, who supports me ; my friends who have worked so hard to make this dream a reality ; all those who are receiving treatments with me and who aren't doing so well. Last but not least, for a little unknown girl that I heard cry at the treatment centre, who I saw later with her mother. She couldn't have been 5 years old, just like my little girl. She had lost all her beautiful blonde hair. Too overcome by emotion, I wasn't able to ask her name...I'm riding so that she, too, can live her dreams.

Together, the best care for life



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OF THE CEDARS CANCER INSTITUTE FOR CHILDREN



Centre universitaire de santé McGill
McGill University Health Centre



L'INSTITUT DES CÈDRES CONTRE LE CANCER
THE CEDARS CANCER INSTITUTE