



# Dr. Daniel Quance

## About Dr. Dan Quance

Daniel Richard Quance was **born on June 23, 1957** (yes he is 51 years old) in Lachine, QC and was the second of 4 brothers (Peter, Sandy, John). Dan's older brother Peter was a standout marathon runner who represented Canada internationally. Dan naturally followed Peter into track and field and became an accomplished steeplechase runner winning the Quebec provincials in 1975 and competing at national level in both high school and university. Dan studied Chemistry and biochemistry at Dalhousie University and while there realized that his ankles were not going to withstand the rigors of cross country running so he turned to cycling as a way to stay active. This quickly became his passion and Dan has been **averaging 10 to 15,000K per year** on the bike ever since. He has also road raced on and off for the past 10 years and is known to prefer racing in the cold, pouring rain.

Dan is very well known in the Montreal cycling community and has met many of his friends through cycling. He is a great leader on a ride and delights in taking people over little known (often with good reason) roads. He is always the one to help when there is a flat or if someone is flagging. A powerful cyclist Dan has cycled over 370K in a day, gone well over 90 KPH and has enjoyed cycling vacations in both France and Cuba.

Dan first met Laurel (Laurie), his wife to be at a summer job, but it wasn't until he moved from Dalhousie to medical school at Queens that they reunited and things heated up. **In 28 years of marriage, Dan and Laurie** raised 3 excellent young adults. **Ryan** is 27 with an excellent job, **Simon** is 24 and recently graduated in Mechanical Engineering and is now working and the youngest, **Julie** is going into 3rd year university, also at Dalhousie.

Dan has worked as an **anesthesiologist at the Jewish General Hospital** for over 21 years specializing in and teaching obstetrical anesthesia. He is very highly respected by his colleagues.



Dan and Laurie

June 20, 2008

## Laurie was first diagnosed with cancer 13 years ago.

As passionate as Dan is about cycling, this pales compared to his adoration for Laurel, his wife and very best friend. When one of Dan's cycling friends heard about the Ride with Lance, he spearheaded a campaign to sponsor Dan, knowing full well that Laurie was losing her battle, yet hoping that together they might provide them with much needed support from friends in a time of need. The response was immediate and overwhelming. With more than 100 friends generously donating, this powerful and compelling story is deeply rooted in love – of life, friendship and hope.

**It was Laurie's wish to see Dan ride across the finish line with Lance on September 12<sup>th</sup>**, but sadly she won't be there except in spirit, as she finally succumbed to cancer on August 18<sup>th</sup>, 2008.

Dan will be riding with Lance on Sept. 12<sup>th</sup> in Laurie's honour.

If you've read this far, then you know that this Ride with Lance is a very special opportunity to support Dan and his family as they try to find meaning and understanding through their loss.

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