



Julie Fortier

On the 12th of September 2008 at Tremblant, there are many reasons which inspire me to take on the challenge of raising \$25,000 for cancer care at the MUHC. First, my father inspires me: a passionate cyclist whose cancer has been in remission since November 2007. Secondly, for all the courage, hope, and resilience that I observe as a primary care nurse with my patients and their families in their fight against cancer. I will be riding for all the stories of the unknown people, the every day fight against that bad and sad disease, and a multitude of possible professionals and volunteers surrounding them. They are in my heart forever...

So far ... life has been good for me, believing I am a dust of stars, I am a humanist environmentalist. My passion for humanity has no frontier. I am a clinician nurse pursuing a Master's degree in advanced practice nursing and I am a



candidate to become a first line nurse practitioner. Thus, I am putting all my hopes on the conclusions of health research results for the advancement and evolution of knowledge in health care.

For me Cancer research is vital ... Everyone knows loved ones who were taken away too young, having lost their long battles against cancer. For over ten years now, I have been a daily participant in several research projects. Notably, from 1999-2003, on the development of a continuum of health services in the community for the palliative care Côte des Neiges CLSC. **Défi Santé de la Chronicité** is an innovative project establishing the base of integrated health care services for people with multiple chronic diseases.

The eldest of five children, I was born in Sainte-Agathe des Monts in the Laurentians where I currently live. Thanks to my father, I've been riding the long undulating roads of the Laurentians since childhood. Since then, I've also participated in several triathlons and duathlons, alone or as part of a team. My father and I were very touched, moved, then very impress by Lance Armstrong's story. We followed his cancer remission and his 7 consecutive wins on the Tour de France from 1999 to 2005. Thanks to his perseverance, his courage, and his determination, he realized the impossible and which gives us splendid emotions.

My favourite sports are downhill skiing, mountain and road biking, walking, yoga ball, and dance. My past-times include music, reading, renovating my heritage house, gardening, and travel.

My stars in the sky

Pierre St-Louis, Guy Dufresne, Grand maman May et sa soeur Rachelle, Robert et Françoise Trudeau, Jean Guy Longtin, Cindy Penn, Donald M, Diane, Bren, Andrée Berthelot, Grand Père d'Allemagne, La jeune chinoise, BB Shuler, BB Ludwig, L'enfant du Vietnam, La jeune solitaire, L'ado d'Algérie, Le rabbin, Le chimiste, L'indien, Le pilote, Le pêcheur, Mme Belle Neige, La bénévoles, Le Northcrest, Le survivant de l'holocauste, Le jeune étudiant, Le père de jeune enfants, Le père étudiant, Mme Van Horn, Le policier, Le pompier, L'époux de France, La mère Sri-lankaise, L'Adéloise, Mons. Westburry, Mons. Montroyal, Mme Barclay, Le producteur, Dr MD, Dr PD, Dr CG, Dr MF, Dr LP....

My survivors

Mon père ; Carolela mère d'Émilie ; Patrick Naud 18 years old, spokesman for Leucan-Laurentides, will finish his cancer treatments this September after a courageous 2 year battle against leukemia..bravo ! Don't give up !;!; Michelle; Ginette; Le jeune Marocaine; La maman du Congo ...

Together, the best care for life



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